

JSAF Enoshima Olympic Week 2009 Sailing Instructions (SI)

Olympic classes: RS:X, 49er, 470, Laser, Laser Radial (for women only)
No-Olympic classes: Laser Radial (for men only) and Seahopper-SR

October 16 – 18, 2009
Enoshima Yacht Harbor,
Fujisawa-city, Kanagawa-prefecture
Co-organizer: Japan Sailing Federation
and
Kanagawa Sailing Federation

1. Rules

- 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing 2009-2012 (RRS). If there is a conflict between rules, the Sailing Instructions will prevail. This changes RRS 63.7.
- 1.2 If there is a conflict between languages, the English text will take precedence.

2. Notices to competitors

Notices to competitors will be posted on the official notice board located at the regatta office of the 2nd floor of the club house.

3. Changes to sailing instructions

Any change to the sailing instructions will be posted at the regatta office 60 minutes before the first warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

4. Signal made ashore

- 4.1 Signals made ashore will be displayed at a flagpole located at the 2nd floor terrace of the club house.
- 4.2 Flag D with one sound means 'The warning signal will be made not less than 40 minutes after flag D is displayed. Boats are requested not to leave the harbor until this signal is made.'

5. Schedule of races

5.1 49er and 470 classes

Oct. 16 (Fri)	0800 – 0900 0930 1055	Registration, Measurement checks Skippers' meeting The warning signal of the 1 st race
Oct. 17 (Sat)	0955	The warning signal of the 1 st race of the day
Oct. 18 (Sun)	0955	The warning signal of the 1 st race of the day

5.2 Other classes than 49er and 470

Oct. 17 (Sat)	0800 0845 1005	Registration and Measurement checks Skippers' meeting The warning signal of the 1 st race
Oct. 18 (Sun)	1005	The warning signal of the 1 st race of the day

5.3 All classes

Oct. 18 (Sun)	1600	Prize giving and closing ceremony
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5.4 Simultaneous start

5.4.1 Male and female will start simultaneously for each class.

5.4.2 Laser and Laser Radial classes will start simultaneously.

5.5 The starting order

Each class will start in order of RS:X, 49er, 470, Laser, Laser radial(men and women) and Seahopper-SR(men and women), except that the order may be changed due to wind speed and fleet conditions.

5.6 When a next race is held on the same day, flag G will be displayed on a race committee boat near the finishing line.

5.7 The warning signal for the next race held on the same day will be made soon after it becomes practicable. Flag F is displayed with one sound at least 5 minutes before the warning signal in order to alert boats whose next or following races will be started soon. The warning signal will be made after flag F is removed.

5.8 Number of races

9 races are scheduled for 49er and 470 classes and 6 races for other class. Maximum 4 races per day may be sailed, except that sequence of races for RS:X class will sail up to 2 races.

5.9 On Oct. 18 (Sun) no warning signal will be made after 1355.

6. Class flags

Class	Class flag
RS:X	RS:X class flag
49er	49er class flag
470	470 class flag
Laser	Laser class flag
Laser radial (men & women)	Laser radial class flag
Seahopper-SR (men & women)	Seahopper-SR class flag

7. Racing Area

Diagram-1 shows the location of racing area.

8. The courses

8.1 The diagram-2 shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later or equal than the warning signal, the race committee signal boat will display a course flag that indicates the course to be sailed and the approximate compass bearing of the first leg.

9. Marks

9.1 Mark 1, 2, 3 and 4 will be cylindrical inflated orange buoys.

9.2 New marks, as provided in RRS33, will be the same color and shape buoy but with a horizontal black belt. If the new mark is replaced for more changes, an original mark may be used.

9.3 The starting mark will be a signal boat of the race committee displaying a JSAF flag at the starboard end and a thin yellow buoy at the port end.

9.4 The finishing mark will be a race committee boat displaying a blue flag. The outside finishing mark will be a cylindrical inflated yellow buoy.

- 10. The start**
- 10.1 Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.
 - 10.2 The starting line will be between the staffs displaying orange flags on the starting marks.
 - 10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
 - 10.4 A boat starting later than 4 minutes after her starting signal will be scored **DNS** (Did Not Start) without a hearing. This changes RRS A4.
 - 10.5 Any race committee boats other than the race committee signal boat may signal the First Substitute in order to notify competitors of a general recall, except that no sound is made on this boat. Removing the First Substitute on this boat does not mean 'a new start for recalled class shall be made one minute after that' in the RRS racing signal.
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- 11. The finish**
- The finishing line will be between the staff displaying an orange flag on the finishing mark and the outside finishing mark.
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- 12. Penalty**
- 12.1 Appendix P will apply for a class except for RS:X class.
 - 12.2 For the 49er class RRS44.1 and 44.2 are changed to be replaced by One-Turn Penalty containing one tacking and one gybing.
 - 12.3 A boat that takes a penalty under RRS 44.1 and 44.2 or retires shall complete a reporting form at the regatta office within the protest time limit. The reporting form is available there.
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13. Time limits and target times

13.1 The time limit for rounding Mark 1 will be as follows:

Class	Time limit for Mark-1	Target time
RS:X and 49er	20 minutes	30 minutes
Other classes	30 minutes	50 minutes

If no boat passes Mark-1 within the above time limit, the race committee will abandon the race. The race committee may abandon the race if it is likely that the race would excess or excesses the above time limit. Will not be grounds for a request for redress by a boat. This changes RRS 62.1(b).

13.2 Boats failing to finish within 15 minutes after the first boat of each class and gender sails the course and finishes will be scored DNF (Did Not Finish) without a hearing. This changes RRRS 35 and A4.1. The first boat is the boat other than OCS, BFD or DNS sails the course and finishes as defined in RRS.

- 14. Shortening the course**
- In addition to RRS32.1, the race committee may shorten the course when it is likely that the race will exceed the time limit significantly.
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- 15. Protests and requests for redress**
- 15.1 Protest forms are available at the regatta office. Protests and requests for redress shall be delivered there within the protest time limit.
 - 15.2 The protest time limit of each class is 60 minutes after the last boat of each class has finished the last race of the day. The same time limit will apply for all protests and requests for redress by the race committee or protest committee. This changes RRS 61.3 and 62.2.
 - 15.3 Notices will be posted no later than 20 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the next room of the regatta office.

- 15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5 A list of boats that have acknowledged breaking rule 44.1 or 44.2 under instruction 12.3 and have been penalized by the protest committee for breaking rule 42 will be posted.
- 15.6 Breaches of instructions 10.3, 12.3, 17.2, 18, 21, 22 and 23 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be decided by the protest committee.
- 15.7 On the last scheduled day of the regatta a request for reopening a hearing shall be delivered
- within the protest time limit of the next day if the decision was made one day before.
 - no later than 30 minutes after the decision if the decision was made on the last scheduled day.
- This changes RRS 66.
- 15.8 A boat intends to protest shall notify a member of the race committee boat near the finishing mark after finished or retired. A retiring boat, is not easy to do so, is required to notify the nearest race committee boat.
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16. Scoring

- 16.1 3 races are required to be completed to constitute a regatta for each Olympic class and 1 race for each non-Olympic class.
- 16.2 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- (b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 16.3 The scoring abbreviation for a discretionary penalty imposed under instruction 15.6 will be DPI.
- 16.4 A boat that breaks instruction 17.1 will be recorded as PTP (Penalty of Three Points) and penalized without hearing. This penalty point will be added to the final points. Even if both check-in and check-out were not recorded, infringement is calculated once. This changes RRS63.1 and A5.
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17. Safety regulations

- 17.1 Check-in/Check-out
A crew shall sign for each boat on the check-in form prepared in the regatta office every time she leave the harbour, and on the check-out form every time she returns there. Checking-in for the last race of the day shall be made no later than the protest time limit.
- 17.2 A boat retired from a race but not for penalty reason shall deliver the retirement report at the regatta office as soon as she returns. The retirement form is available there. If possible she shall notify the race committee before leaving the racing area.
- 17.3 Crews shall wear adequate life-jackets ashore. Wet suits and dry suits are not adequate personal flotation devices.
- 17.4 A race committee boat, protest committee boat, and supporting and coaching boat under instruction 21.4 may rescue a boat in danger without her acceptance. The request for redress from the rescued boat due to rescued is not accepted.

18. Replacement of crew or equipment


- 18.1 Substitution of the skipper will not be allowed. That of crews will not allowed without prior written approvals of the race committee.
 - 18.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee.
 - 18.3 Requests for substitution shall be delivered to the race committee at the first reasonable opportunity. The boat shall complete an application under the instruction 21.2 as soon as possible after returning the harbor, and submit it to the race committee.
 - 18.4 Spare gears will be brought ashore by a race committee boat if they are put into a bag that is written a sail number then delivered to the regatta office no later than 90 minutes before the first warning signal of the day. The spare gears can be delivered ashore not during racing. They are required to return at the regatta office until the protest time limit on each day. The race committee will have no responsibility for any losses and damages to received gears.
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19. Equipment and measurement checks

- 19.1 A boat or equipment may be inspected at any time for compliance with the class rule, notice of race and sailing instruction. On the water, a boat can be instructed by a race committee equipment inspector to proceed immediately to a designated area for inspection.
 - 19.2 Any competitor who charter a boat from the organizing authority is required to sign the Charter Boats Regulations and comply with it.
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20. Official boats

An official boat of race committee will display the following flag.

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|--------------------------------|-------------|---|
| The race committee signal boat | JSAF flag |  |
| A race committee boat | KASF flag | |
| A protest committee boat | 'JURY' flag | |
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21. Support boat

- 21.1 Support and coach boats shall register at the regatta office each day no later than 60 minutes before the first warning signal of the day.
 - 21.2 Support and coach boats shall stay outside areas where boats are racing from the time of the preparatory signal for the first starting race until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
 - 21.3 When a boat breaks the instruction 18.1 or 18.2, all boats related to crews who are on the boat may be penalized.
 - 21.4 When a red cross flag is displayed on a race committee signal boat or a race committee boat, that means 'In all areas including a racing one every support and coach boat shall rescue a boat in danger immediately as soon as possible.'
 - 21.5 When a supporting boat or person breaks rule 69 during this regatta, every related boat may be penalized.
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22. Trash disposal

Competitor's and support boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

23. Radio communication

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

24. Prize

Prize will be given as follows:

24.1 For Olympic classes

RS:X men	1 st to 3 rd winners	Plate
RS:X women	1 st to 3 rd winners	Plate
49er men	1 st to 3 rd winners	Plate
470 total	1 st to 3 rd winners	Plate
470 women	1 st to 3 rd winners	Plate
Laser men	1 st to 3 rd winners	Plate
Laser radial women	1 st to 3 rd winners	Plate

When the entry of the class is fewer than 11, only 1st place will be awarded.

24.2 For non-Olympic classes

Laser radial, men	1 st to 3 rd winners	Plate
Seahopper-SR, men	1 st to 3 rd winners	Plate
Seahopper-SR, women	1 st to 3 rd winners	Plate

When the entry of the class is fewer than 11, only 1st place will be awarded.

25. Disclaimer of liability

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority and/or any party, person involved in this organization will accept no liability whatever for any personal material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26. Insurance

Each participating boat shall be insured with valid third-party and herself liability insurance.

Diagram –1